

Risk Assessment for preventing the spread of Covid-19 amongst players, parents and coaches/volunteers at football training and match play for indoor and outdoor environments.

Date:	Assessed by:	Approved by:	Date:
20 th October 2020	CWO – Tracy Pickett & Chairman – Kenny Bentham	Committee	1 st December 2020

This risk assessment has been approved by members of the club committee.

No player or coach will be judged, or disadvantaged should they choose to opt out of training and their choice will be respected

This assessment follows The English Football Association and Public Health England advice and guidance and combined with good training routine and a common-sense approach aims to support players feel safe and happy.

It is mandatory for parents/carers to acknowledge receipt and intent to adhere with the policy.

Activity/Risk	Who might be harmed and how?	What will we do	RAG Risk Rating	What else can you do to control this risk?	Final RAG Risk Rating	Action by whom	Target date
Parents briefed on activity and have given informed written consent to do activity	Applicable to all but younger age groups are an increased risk where an understanding of social distancing is limited.	Parents/carers to be advised of Covid-19 arrangements prior to consenting for their child to participate. Discuss with adult participants.		Majority of children managed social distancing so far so continue to work with relevant coaches to reinforce with a handful.		Everyone	On-going
Staffing ratios: • Defined lead/support roles • Supervision under-18 volunteers.	Players, Coaches, Volunteers or anyone involved with the club that is under 18	Follow Government Covid-19 and FA guidance. Discuss risks and how being managed.		Continue to monitor safeguarding with CWO		Coaches and parents	On-going
Covid-19 protocols briefings shared and practised with committee/ volunteers	Players/coaches/parents/public if FA Guidance cannot be complied with	Keep our club members, committee and volunteers up to date on latest guidance from https://www.gov.uk/coronavirus or https://www.thefa.com/about-football-association/covid-19 via club messaging system. Some information may be circulated via social media.		Continue to monitor updated guidance.		Committee, coaches and parents	On-going
Covid-19 protocols briefings done with club members	Players/coaches/parents/public may cause increased risk to others if they don't understand or comply with the guidance.	Our Covid-19 officer will be available to be contacted or spoken with following the initial guidance briefing		Continue to make our Covid-19 officer available.		Covid-19 Officer	On-going
Participants trained to do self-screen checks before travelling to session	Everyone, if a participant brings illnesses to a training session.or match	As part of this document the screening guidance will be available to read and attendees will be asked if they have complied.		All to agree not attending training		Everyone	On-going
Managers and Coaches to check that self-screen checks have been done and were all negative.	Everyone, if a participant brings illnesses to a training session.or match	Guidance will be issued to all club staff		Attendees that have not self-screened with be asked to leave the site.		Club Staff	On-going
Playing area, e.g.: •Clearly marked to support social distancing	Players/coaches/parents/public if FA Guidance cannot be complied with	Cones should be used to show clearly defined areas for attendees equipment or refreshments		Ensure coaching staff have equipment to mark areas clearly.		Managers and coaches	On-going
Register of attendance at sessions (to aid NHS Test and Trace if needed)	Players/coaches/parents if successful tracing cannot be done in the event of someone presenting symptom	All managers and coaches to keep record of attendance for each training session or match for a minimum of 21 days after the activity.		Managers can send attendance lists electronically to club staff to backup any system they employ to keep records		Managers and coaches	On-going
Equipment, e.g.: •Cleaning. •Limit sharing. •Hand hygiene.	Players/coaches/parents if they come into contact with the virus	Equipment should be cleaned by managers before and after use and before there is any change in the person using the equipment.		Each child should use a given ball for the entire session where possible.		Managers and Coaches	On-going
Training at an appropriate location	Players/coaches/parents/public if social distancing cannot be complied with	Ensure that a controlled environment is identified, and that the location has enough space to take the session(s)		Identify own grounds such as Village Hall playing field.		Kenny Bentham	10/6/20
Travel to and from training -Players who cannot get to training sharing transport	Some players may not be able to travel to the chosen training location	Advise parents not to give lifts to other players		Anyone witnessed to be sharing transport will be asked to leave the session		Coaches and parents	On-going

Entry to training (Clubs grounds)	Everyone, uncontrolled access to the field can cause cross contamination or exposure to virus from unchecked attendees.	Advise parents and attendees to use the clubhouse end for entrance to the field for access to training where social distancing is clearly marked and a one way system is in place. Attendees coming to the hut from any other direction will not have been temperature checked or asked about their self screen outcome. Coaches may unload and set up but should come to the clubhouse to be checked at the earliest convenience.		Anyone found crossing the field will be asked to leave via the nearest possible exit and attend training via the clubhouse entrance to be temperature checked and self screen checked.		Everyone	On-going
Exit from training (Clubs Grounds)	Attendees	Advise attendees that best route to leave training would be via the clubhouse end but it is acceptable for them to leave the field at any exit due to safety checks completed prior to training. Parents wanting to cross the field should wait until training has finished suitable space is made to cross under distancing guidelines.		All should agree not to cross the field during training.		Attendees	On-going
Entry / Exit from Training (Other grounds including SWFLC)	Everybody	Please adhere to the Risk Assessment of every individual location. You can request a copy of Risk Assessments direct from each location.		Everyone attending should make themselves aware of any requirements to be at any location used for training or matches.			
Training session formats	Players/coaches/parents not observing 2m social distancing increases risk infection	Ensure that training sessions are limited in accordance with FA Guidelines i.e. 30 people maximum to a group and 2 FA DBS checked adults present Ensure that if there are multiple groups at the location, there is enough space to keep the groups a suitable distance apart. Ask accompanying parents to stay in sight but adhere to 2m social distance guidelines		Diagram of training areas for each group with reasonable distance in between each training area		Kenny Bentham	02/06/20
Personal hygiene and use of football equipment	Players/coaches at risk of cross contamination and risk spreading the virus	<p>Players/coaches washing hands or sanitising before attending sessions</p> <p>GK to use own gloves and not share</p> <p>No high fives/handshakes</p> <p>All players to bring any additional equipment of their own and drinks</p>		Coaches remind players about sneezing and coughing routine i.e. cover mouth, sneeze into elbow. Club provided sanitiser for use on arrival and leaving. Coaches to be provided with access to disinfectant to clean equipment. No bibs to be used unless given to players to keep and clean themselves for the short term. All equipment to be fully sanitised between ALL sessions or matches or breaks in matches		Coaches & members	On-going
Training session planning and activity	Players/coaches if sessions aren't carefully planned to avoid close contact which will increase the risk of spreading the virus	Physical contact and match-play allowed		Follow the FA guidance on the return to competitive training and matchplay. Guidance available for all online		Coaches	On-going

Symptomatic attendees	Coaches Players Parents and potentially siblings who attend training	Parent/player/coach responsibility not to turn up to training and put others at risk if they are Covid19 symptomatic Players and coaches to be reminded this applies to any illness or injury		All to agree not attending training and, if they have been to a session and subsequently display Covid-19 symptoms to report to the coach who will report to the committee. Symptoms on the PH Website are; <ul style="list-style-type: none"> • Continuous cough • High Temperature • Loss of smell/taste Any player displaying symptoms will have their parent / guardian contacted if not already on site and kept away from other players at an appropriate location more than 4 meters away from activity.		Coaches Players Parents & Siblings	<i>On-going</i>
Players or coaches in what are considered high risk Category A or B Groups	Players who are in high risk categories or considered vulnerable to Covid19	Players/coaches in this category should not take part in training if they have received medical advice that they are in high risk categories		Player/parent/coach to declare and sign risk assessment that they are not in high risk category as outlined on the PH England website		<i>Coaches & Members</i>	<i>On-going</i>
Players not adhering to 2m social distancing when not contact training or playing	Players/coaches if physical contact is made and or moving too close when not contact training or playing	Instruct group in advance of session of the expectations. Remind at each session		Stop if 2m social distancing is not adhered to		<i>Coaches & Players</i>	<i>On-going</i>
Attending to someone injured or hurt	Players and coaches if physical or close contact is necessary	Risk assess, discuss scenarios and protocols including Calling 999 if an emergency Parent to be called to attend to player Call emergency contact if the casualty is coach		First aid kits replenished to new FA guidance including masks, gloves, apron and eye protection		<i>All First Aiders</i>	<i>On-going</i>
Access to Personal Protective Equipment (PPE) for First Aiders	Anyone that is injured and the first aider	PPE equipment is available and will be to hand within each team group or session		The club will continue to provide PPE once used.		<i>All First Aiders</i>	<i>On-going</i>
Access to club toilet facilities	Players and coaches if facilities are not available or are not clean	Toilets on site will be open Parents and players advised.		Hand sanitiser and disposable towels available Regular checks on cleanliness		<i>Everyone</i>	<i>On-going</i>
Safeguarding of players - Children and young people whose health and wellbeing may have been impacted by Covid19	Coaches to be mindful that for some children and young people lockdown will have been a stressful and anxious experience and may have even experienced bereavement	The CWO or manager is willing to talk with parents about access to support if any family is experiencing difficulties. Coaches to be advised to look for changes in players that might indicate they have been affected		Coaches, players and parents are familiar with the CWO and how to report concerns or seek support if needed		<i>Coaches</i>	<i>On-going</i>
No spitting, e.g.: •Hygiene protocol;	Everyone, spitting can transfer the virus	It is everyone responsibility to ensure spitting does not take place.		Advise all participants of this guidance		<i>Everyone</i>	<i>On-going</i>

No shouting, e.g.: •Hygiene protocol;	Everyone, shouting can aid the transferable distance of the virus	It is everyone's responsibility to advise anyone shouting of the increased danger to everyone		All staff and attendees to be made aware of this guidance to be followed at training and matches		Everyone	On-going
Players own named, e.g.: •Water bottle; •Hand gel; •Sun cream; •Medication.	Players & Coaches, cross contamination, or not social distancing	Advice will be given to parents to supply their child with these items to avoid needing contact with other members of the team		Managers to speak with parents with assistance from Covid-19 Officer if need be		Managers, Coaches & Players	On-going
Emergency Action Plan	Everyone, any medical emergency	All Club staff have access to Emergency Action Plan for each location.		Emergency Action Plan kept updated with any changes		Club Staff	On-going
Training / Playing at venues that have their own Risk Assessment / Covid Safety Plan. Including 3G, SWFLC other clubs, away games, school fields.	Everyone	Everyone must adhere to the Covid Safety Guidelines or Risk Assessment of any venue that is visited by any Woodham Radars Team or Individual Member		Managers to inform everyone in their teams of guidance for venues they visit.		Everyone	On-going
Training at SWFLC Sports Hall	Everyone	The Leisure Centre requires the following guidelines to be met. <ul style="list-style-type: none"> • Only one parent/guardian accompanying their child to the sports hall (no siblings), following the centre signage to the sports hall • To avoid congestion or too many people passing in the corridors the sport hall fire exit can be used as an exit only. • No spectators are permitted unless the child has additional needs. • Everyone over the age of 11 needs to wear a face covering whilst in our building unless there are exempt. • 30 is the maximum number of people in your session. 		Managers to inform everyone in their teams of guidance.		Everyone	On-going
Indoor Training	Everyone	Face coverings must always be worn by coaches and by participants over the age of 11 when they are not taking part in training, games or seated at a table to eat or drink		Managers and Coaches must follow this guidance from the FA		Managers, Coaches & Players	On-going

Self Screen Guidance

Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.	Check negative	Check Positive
A high temperature (above 37.8°C)	<input type="checkbox"/>	<input type="checkbox"/>
A new continuous cough.	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of breath.	<input type="checkbox"/>	<input type="checkbox"/>
A sore throat.	<input type="checkbox"/>	<input type="checkbox"/>
Loss of or change in normal sense of taste or smell.	<input type="checkbox"/>	<input type="checkbox"/>
Feeling generally unwell.	<input type="checkbox"/>	<input type="checkbox"/>
Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.	<input type="checkbox"/>	<input type="checkbox"/>

RE-STARTING INDOOR AND OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL – SUMMARY

COVID-19 GUIDANCE



FOR CLUBS, PLAYERS, COACHES, CLUB OFFICIALS, CLUB WELFARE OFFICERS, MATCH OFFICIALS, LEAGUE OFFICIALS, VOLUNTEERS, PARENTS/CARERS SPECTATORS AND FOOTBALL FACILITY PROVIDERS – Published: 17 September 2020

This document outlines actions to be taken before, during and after all competitive grassroots football activity in England. It should be read in conjunction with the latest UK Government Covid-19 guidance available [here](#) and the more detailed guidance document produced by The FA, available [here](#).

In indoor and outdoor competitive training and matches, physical contact is now allowed, but for all other activity (e.g. warm-ups/cool-downs) the Government guidance [here](#) on social distancing should be observed.

Should Government guidance change in response to the current Covid-19 Alert Level, The FA guidance will be updated accordingly.

BEFORE ACTIVITY

- Everyone should self-assess for **Covid-19 symptoms** before every training session or match. If you are symptomatic or living in a household with possible or actual Covid-19 infection you must not participate or attend. You should stay home and follow the latest **Government guidance**.
- Clubs/facility providers should appoint a Covid-19 officer and conduct a thorough general risk assessment, as well as a specific **safeguarding risk assessment** before re-opening or re-starting competitive activity. They should also follow current '**NHS Test and Trace**' protocols, such as keeping an attendance register.
- Personal hygiene measures should be carried out by everyone and hand sanitisers brought and used at the training/match venue.
- The sharing of kit and equipment should be avoided, but where equipment is shared, it must be cleaned before use by another person.
- Goal posts and corner poles should be wiped down before matches, after matches and at half time.
- Follow Government guidance for travel, including minimising use of public transport.
- Active participants should arrive changed and ready to take part.
- Youth team coaches should re-acquaint themselves with all safeguarding policies and procedures.
- Meet-up times should be adjusted to avoid time spent congregating at a venue.
- Use of clubhouses, hospitality facilities, changing rooms and toilets must adhere to **Government guidance**.

Anyone who is deemed vulnerable in respect of Covid-19 is reminded to follow the Government's guidance, only returning to football when it's right for them to do so.

DURING TRAINING AND MATCH PLAY

- Competitive training can take place for all participants, in indoor and outdoor settings, provided this takes place in groups of no more than 30 (including coaches). Participants at indoor venues should adhere to the rules put in place by that facility.
- Competitive match play is permitted, with social distancing in place before and after the session, and in any breaks in play.
- The sharing of kit and equipment should be avoided and participants should bring their own drinks or refreshments, in named containers.
- When the ball goes out of play, it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible.
- Participants must not spit and should avoid shouting or raising their voices when facing each other, as detailed in The FA Covid-19 Code of Behaviour.
- Set plays: players are encouraged to avoid unnecessarily long set-up or close marking. Other modifications apply to specific situations, such as goal celebrations being discouraged. Read more in The FA's more detailed guidance [here](#).
- Youth football coaches are encouraged to limit persistent close proximity of participants during match play and training.
- Observing rigorous hygiene standards, injuries can be treated. See full guidance [here](#).
- Spectator groups should be limited to six people per group and spread out in line with wider **Government guidance**.
- Match fee payments should be cashless – consider using **The FA Matchday App**.
- Small-sided football should include more regular hygiene breaks in activity and players discouraged from touching or tackling against boards.

AFTER ACTIVITY

- Hands should be washed at the earliest opportunity and personal equipment should be wiped down with a disinfectant.
- Unless absolutely necessary, participants should take their kit home and wash it themselves, or by family members. Post-activity showers should be taken at home.
- Everyone must continue to maintain **social distancing** including in any facilities where groups of people congregate (e.g. clubhouses).
- Everyone should leave following the traffic-flow system the club or facility provider has put place.
- Anyone who becomes infected after training/matches should report this to the **NHS Test and Trace system**.

DISCLAIMER:

This guidance is for general information only and does not constitute legal advice, nor is it a replacement for such, nor does it replace any Government or PHE advice, nor does it provide any specific commentary or advice on health-related issues. Affected organisations should therefore ensure that they seek independent advice from medical practitioners, or healthcare providers, prior to implementing any re-opening plan, as required. Independent legal advice

should be sought, as required and depending on your, or relevant circumstances. While efforts have been taken to ensure the accuracy of this information at the time of publication, the reader is reminded to check the Government website to obtain the most up-to-date information regarding social distancing and any other Government measures.

THANK YOU! NOW LET'S GET OUR GREAT GAME GOING AGAIN – SAFELY.